

# 10 reasons to support truth-telling

Reconciliation Australia:  
**Community Truth-telling  
Pathways**

- 1 Respect the call:** Aboriginal and Torres Strait Islander peoples have long called for truth-telling. Respect this call and support the process in whatever way you can.
- 2 History matters:** Truth-telling expands our shared understanding of Australia's past and present. It acknowledges the historical silencing of injustices. It corrects an incomplete record and honours First Nations voices.
- 3 Disrupt racism:** Research shows that learning about history from the perspective of racial minorities can significantly shift discriminatory attitudes and behaviours.
- 4 Advance healing:** Acknowledging the truth validates painful experiences, addresses trauma and supports healing and wellbeing for individuals and communities.
- 5 Honour lived experience:** Deep listening to Stolen Generations and all Elders shows respect and preserves knowledge before vital voices are lost.
- 6 Deepen respect:** Honouring the survival, strength and contributions of First Nations peoples acknowledges the shaping of our nation. We should be inspired by the courage and legacy of leaders upon whose shoulders we stand.
- 7 It's a human right:** The right to truth and undertaking First Nations led truth-telling processes is essential for advancing justice and reconciliation in Australia.
- 8 Better outcomes:** Fairer and more effective policies and practices are possible when we better understand each other, our history of colonisation, and its impacts.
- 9 Connect with communities:** Truth-telling helps build more respectful and meaningful relationships and deepens our connection to place.
- 10 A better future:** Supporting this process contributes to a stronger and more just Australia responding to the Uluru Statement from the Heart invitation to walk together for a better future.

Explore our truth-telling resources hub to learn more.



[reconciliation.org.au/truth-telling](https://reconciliation.org.au/truth-telling)

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