

# Actions To Make Change

This year's National Reconciliation Week theme, *Be Brave. Make Change* is a challenge to all of us to **Be Brave** and tackle the unfinished business of reconciliation so we can **Make Change** for the benefit of all Australians.

Change begins with brave actions in your daily life – where you live, work, play and socialise. Take these actions with you every day of the year, not just during National Reconciliation Week.

**BE BRAVE. MAKE CHANGE.**  
**NATIONAL RECONCILIATION WEEK 2022**



## Tell the truth on racism

Racism damages lives and livelihoods, and it hurts the whole community.

Racism: **It Stops With Me**. See and hear the **bias in personal conversations and attitudes**.

Dig deep on systemic racism. See it. **Call it out. Report it.**



## Get your facts first-hand

Mainstream media can be **inaccurate, negative, and unbalanced** in its portrayal of Aboriginal and Torres Strait Islander people and issues.

Get your facts straight from the source. Check **NITV, Koori Mail, IndigenousX, ABC Indigenous** and follow your local broadcaster through **First Nations Media**.

When you see racism in the media, report it.



## Own our history

Our true history has been hidden from us.

When talking about the history or story of Australia, always include the participation and presence of Aboriginal and Torres Strait Islander peoples.

Find out facts and ways to **learn and talk about Australia's history**.



## Fight for justice

Aboriginal and Torres Strait Islander peoples are the most incarcerated people in the world, proportionally.

**Learn and understand why this is so**. Challenge our leaders to take action on justice.

Get behind the **Change the Record, Raise the Age** and **Family Matters** campaigns.



## Support self-determination

First Nations-led organisations and activities strengthen the whole community.

Understand the strengths in First Nations community control in **governing, health, education curricula**, and **media representation**.

Support and promote **community-controlled and Indigenous governed organisations**.



## Get reconciliation into schools

If you didn't learn about Aboriginal and Torres Strait Islander cultures at school, make sure our kids do now. See lots of info for schools and early learning services on the **Narragunnawali website** and at **Learn our Truth**.

Challenge **colonial perspectives on history**, support **school curriculum changes**, commit to a **RAP in your school or early learning service**.



## Prioritise cultural safety

Some workplaces and locations exclude or intimidate First Nations people.

Learn about and understand **cultural safety and inclusive practices** in your life and work.

Seek cultural awareness training locally or **find a facilitator via Supply Nation**.



## Support blak business

Past policies and practices took money and work away from generations of First Nations people. **Stolen wages** and lands undermined economic futures.

Understand how this poverty and economic disempowerment plays out today.

Support First Nations businesses as **contractors, suppliers, and producers**.

Call out exploitation of Aboriginal and Torres Strait Islander art and cultures in mainstream businesses.



## Care for country

First Nations peoples hold the knowledge to manage and protect Country.

Western science and environmental activists must learn from and embed this expertise.

Support Aboriginal and Torres Strait Islander groups like including Seed Mob, the **Aboriginal Carbon Foundation, Firesticks Alliance**, and **Yerrabingin**.

Learn about how climate change is going to directly affect **Aboriginal and Torres Strait Islander peoples**. Stand up for those already **on the front line**.



## Stand for land rights

First Nations peoples have fought hard for land rights and native title.

Show you support First Nations ownership of Country.

Learn about **Land Rights** and **Native Title** in Australia.

Support or join land justice efforts and advocacy near you.

For nine more actions to make change, head to: [nrw.reconciliation.org.au/2022-actions-to-make-change](https://nrw.reconciliation.org.au/2022-actions-to-make-change)